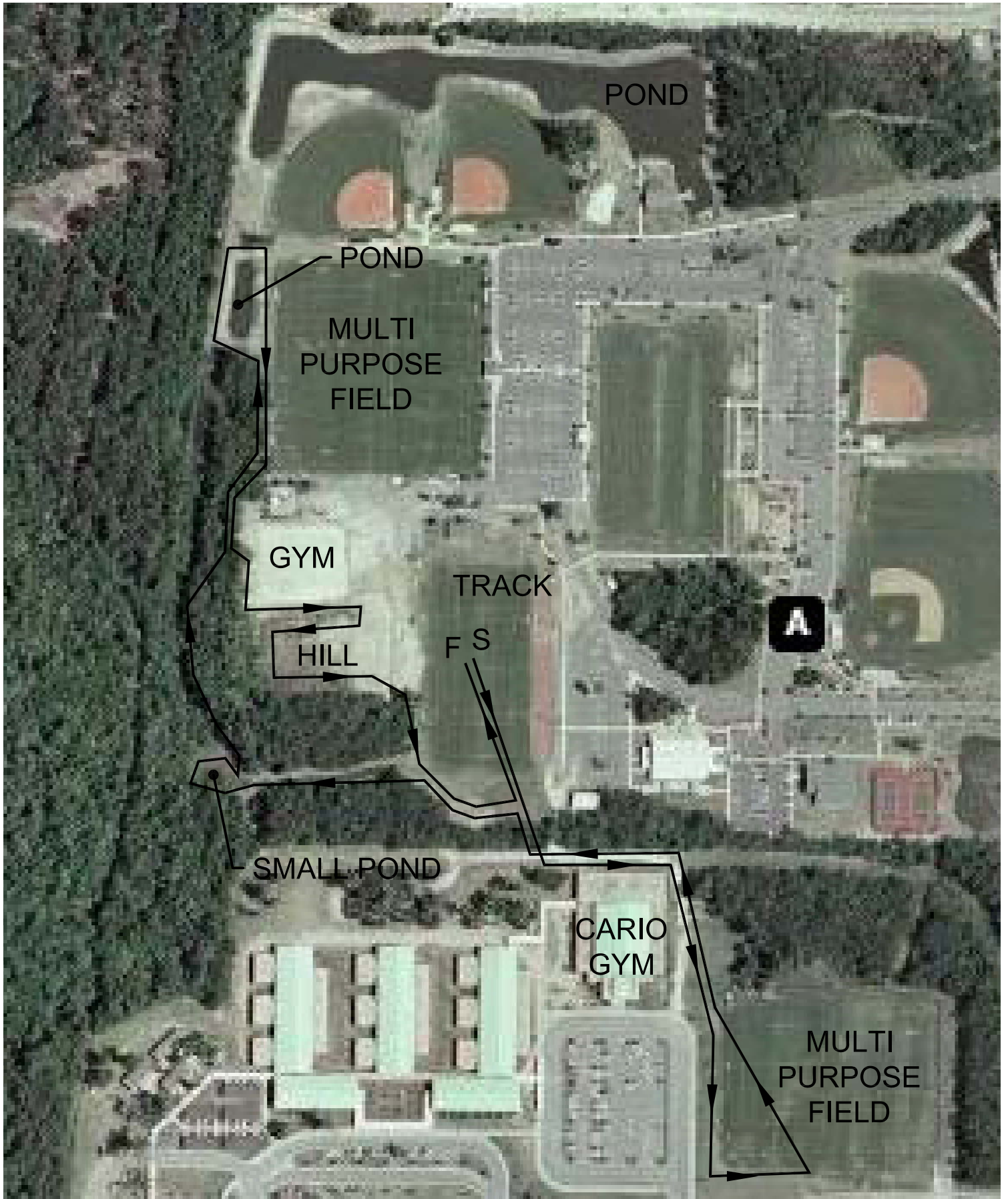




## 3K COURSE DESCRIPTION

- Start in middle of infield of track
- Proceed out gate and through second gate onto gravel road
- Turn left on gravel road and run around school building out to multipurpose field
- Circle multipurpose field, stay to the right of the backstop (cones will mark course)
- Return on same gravel road, make left when heading back to rec area
- Run on the outside of the track fence, through woods and make a left
- Run on left side of ditch towards small pond
- Circle small pond and make left onto paved walking path
- 1 Mile is on paved path 110 feet past first bench at large pond
- Remain on paved path until you have passed the large pond, then turn right after tree
- Run on grass area adjacent to pond, make another right past the pond
- Run on the grass alongside the concrete sidewalk
- Make a right around the fire hydrant
- Run on the grass alongside the back of two baseball fields
- Come straight across concrete sidewalk and run between multipurpose field fence and small pond.
- Return on paved walking path briefly until cut through behind gym
- Run through woods and to the right around gym, turn and climb the hill
- Run down hill and alongside track fence to gate, enter track area
- Finish on the infield

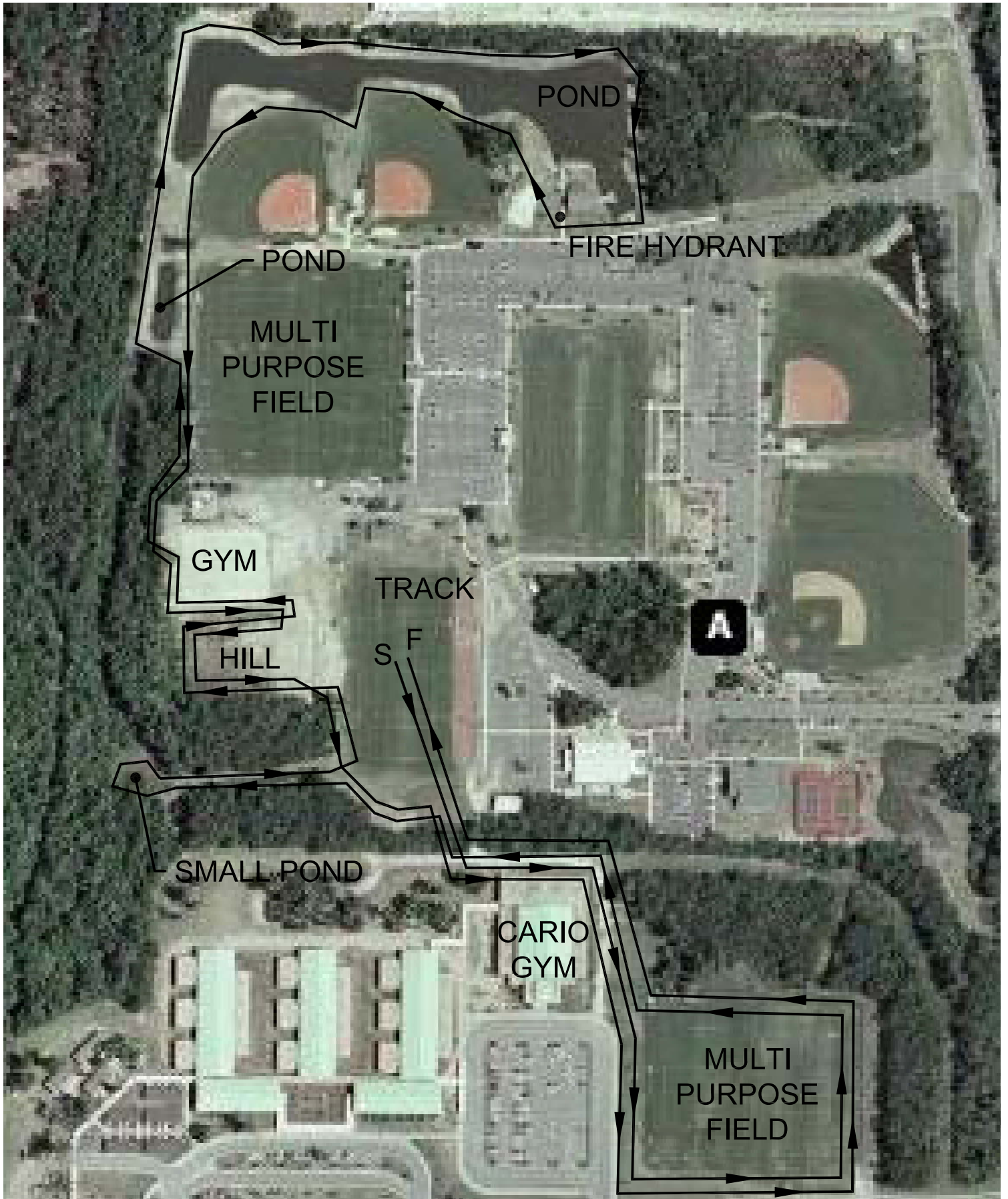
# 2K COURSE MAP



## 2K COURSE DESCRIPTION

- Start in middle of infield of track
- Proceed out gate and through second gate onto gravel road
- Turn left on gravel road and run around school building out to multipurpose field
- Circle multipurpose field, stay to the right of the backstop (cones will mark course) Note, after fencing, turn left (this is shorter than 3k)
- Return on same gravel road, make left when heading back to rec area
- Run on the outside of the track fence, through woods and make a left
- Run on left side of ditch towards small pond
- Circle small pond and make left onto paved walking path
- Remain on paved path until you have passed the small pond, then turn around pond
- Run between multipurpose field fence and small pond.
- Return on paved walking path briefly until cut through behind gym
- Run through woods and to the right around gym, turn and climb the hill
- Run down hill and alongside track fence to gate, enter track area
- Finish on the infield

# 4K COURSE MAP



## 4K COURSE DESCRIPTION

- Start in middle of infield of track
- Proceed out gate and through second gate onto gravel road
- Turn left on gravel road and run around school building out to multipurpose field
- Circle multipurpose field, stay to the right of the backstop (cones will mark course)
- Return on same gravel road, make left when heading back to rec area
- Run on the outside of the track fence, through woods and make a left
- Run on left side of ditch towards small pond
- Circle small pond and return on opposite side of ditch (not paved path)
- Make a left when exiting the woods and proceed to hill
- Climb the hill, make a hairpin left after running down the hill
- Run through cut through behind gym and make a right onto paved path
- Remain on paved path until you have passed the large pond, then turn right after tree
- Run on grass area adjacent to pond, make another right past the pond
- Run on the grass alongside the concrete sidewalk
- Make a right around the fire hydrant
- Run on the grass alongside the back of two baseball fields
- Come straight across concrete sidewalk and run between multipurpose field fence and small pond.
- Return on paved walking path briefly until cut through behind gym
- Run through woods and to the right around gym, turn and climb the hill
- Run down hill and alongside track fence and rerun the multipurpose field loop
- Return on same gravel road, and enter track area through gate
- Finish on the infield